

NESTLED  
IN THE **SUNNY**  
SOUTHEAST  
OF **IRELAND**  
IS THE SEASIDE  
TOWN OF  
**TRAMORE**

2010–2011



Discover Tramore

[www.discovertramore.ie](http://www.discovertramore.ie)

# WHETHER IT'S JUST A SHORT WEEKEND GET-AWAY OR A FAMILY HOLIDAY, TRAMORE CAN PROVIDE ALL YOU NEED FOR A MEMORABLE STAY.

Just 20 minutes drive from Waterford City by car and with a regular bus service, Tramore is a great holiday option. Whether it's just a short weekend get-away or a family holiday, Tramore can provide all you need for a memorable stay; from top-rated accommodation to fine dining and a vibrant night-life. Besides the obvious attraction of the beach, Tramore offers much, much, more for those with kids. For those who look to experience some of Ireland's breath-taking scenery, Tramore sits right in the middle of the Southeast Coastal Drive. During your visit to Tramore why not sample some of Ireland's history by travelling the Dolmen Drive.

Photo by Gavin Downey

Soak up the culture and history of this area, at the attractions Waterford City provides, such as the Waterford Crystal Visitor Centre and Waterford Museum of Treasures at The Granary. If you visit during the August bank holiday weekend you wont have missed out. You would be lucky to experience the wonder of Spraoi, one of Ireland's premier street festivals which is held in Waterford city annually.

## Contents

WHERE TO STAY 4

RESTAURANTS  
& NIGHTLIFE 7

THINGS TO DO 10

GETTING AROUND 15

The logo for 'Discover Tramore' features the text in a dark brown, cursive script. The text is set against a white, cloud-like background with soft, wavy edges. A thick, solid orange diagonal line runs across the bottom of the logo area, partially overlapping the white background.

Discover Tramore

[www.discovertramore.ie](http://www.discovertramore.ie)

# WHERE TO STAY

WHATEVER YOUR BUDGET,  
YOU WILL FIND **ACCOMMODATION**  
TO SUIT YOUR NEEDS.

In Tramore you have your pick of guest houses, hotels, hostels and caravan parks. For those who like their comfort and that just-like-home atmosphere why not try one of our numerous B&B's?



Photo by Gavin Downey

Discover Tramore

[www.discovertramore.ie](http://www.discovertramore.ie)

## Hotels



### **The Grand Hotel** ★★ ★

Located in the Sunny South East, and only minutes away from Tramore Strand, 9 km from Waterford City, 15 minutes from Waterford Airport and 1 hour and 15 minutes from Rosslare Harbour. The Grand Hotel has 82 en suite bedrooms with a large number overlooking Tramore Bay.

**Irene Treacy**

**Tramore**

**Tel: +353 (0) 51 381414**

**www.grand-hotel.ie**



### **Majestic Hotel** ★★ ★

A warm welcome awaits you at the award-winning Majestic Hotel, overlooking Tramore Bay. Only 10 km from Waterford City. 60 en suite bedrooms. Family friendly hotel with leisure facilities available for guests at Splashworld opposite the hotel.

**Danny & Annette Devine**

**Lower Branch Road, Tramore**

**Tel: +353 (0) 51 381761**

**www.majestic-hotel.ie**

**Open: All Year except December 24th and 25th**

## Bed & Breakfast



### **Sea Court**

An award winning adult only home, where you can have peace, comfort, relaxation, and only minutes away from beach, pubs, restaurants, hotels, Splashworld, gym and race course. Waterford crystal is located only 10 minutes drive.

**Thomas Moran**

**Tivoli Road, Tramore**

**Tel: +353 (0) 51 386244**

**www.seacourthouse.net**



### **Cloneen** ★★ ★★ ★

A beautiful B&B set in mature one acre gardens in Love Lane in the heart of Tramore, adjacent to the magnificent Doneraile Walk along the Cliffs to the west of Tramore. Accommodation is in 5 en-suite bedrooms, including family rooms, complete with TV's and tea and coffee making facilities.

**Neil and Maria**

**Love Lane, Tramore**

**Tel: +353 (0) 51 381264**

**www.cloneen.net**



### **Fern Hill House** ★★ ★★ ★

An award winning B&B operating as a guest house for the last 12 years. Located in the most scenic and exclusive part of Tramore with views of Tramore Bay from most of its rooms.

**Anne Lawlor**

**Newtown Hill, Tramore**

**Tel: +353 (0) 51 390829**

**www.fernhillhouse.com**

**Open: February 1st - October 31st**



### **Brook Villa**

Brook Villa is located just as you arrive in Tramore and is the perfect location for tourists looking to explore Tramore, or even visit Waterford Crystal which is just a short drive. Private parking. Ensuite rooms with TV, tea/coffee making facilities.

**Mauren & Tom Brady**

**Pickardstown, Tramore**

**Tel: +353 (0) 51 386158**

# WHERE TO STAY

## Bed & Breakfast



### **Cliff House** ★★★★★

Cliff House is a luxurious home with secure private parking and panoramic views of Tramore Bay. It is recommended by Frommers, Le Routard, Dillard/Causin 300 best B&B's, AA „4 Diamonds” selected, and has now been rated 4 stars by the new classification system by Failte Ireland. Highly Accredited by RAC, Town and Country Homes Quality Approved, and others too numerous to mention.

**Pat & Hilary O'Sullivan**

**Cliff Road, Tramore**

**Tel: +353 (0) 51 381497 / 391296**

**[www.cliffhouse.ie](http://www.cliffhouse.ie)**

**Open: April-October**



### **Glenorney - by The Sea** ★★★★★

Glenorney - by The Sea, is an award winning luxurious house located in Tramore, County Waterford in Ireland. The house and gardens also include secure private parking. Marie Murphy runs Glenorney By The Sea, and a warm welcome awaits you. Glenorney By The Sea, a home from home.

**Marie Murphy**

**Glenorney, Newtown, Tramore**

**Tel: +353 (0) 51 381056**

**[www.glenorney.com](http://www.glenorney.com)**

**Open: March 1st - December 1st**



### **Shanida**

Shanida is situated on the main Tramore-Waterford road. Just 1km from Tramore. We are ideally located to tour the surrounding areas. Waterford City is just 10 minutes drive which is famous for hand cut crystal. We offer a warm and friendly welcome to all our guests. Rooms en suite and approved by tourist board.

**Mary Pierce**

**Ballinattin, Tramore**

**Tel: +353 (0) 51 381916**

**[www.shanidatramore.com](http://www.shanidatramore.com)**

**Open: June 1st-October 1st**



### **Avanti B&B**

At Avanti Bed and Breakfast you can rely on a relaxed and warm atmosphere. It is important to us that you enjoy your stay and if you have any particular needs please let us know. We look forward to meeting you soon.

**Mary O'Brien**

**Pickardstown, Tramore**

**Tel: +353 (0) 51 381671**

**[www.avantitramore.com](http://www.avantitramore.com)**

## Self Catering



### **Beachside Promenade Apartments**

Self Catering apartments overlooking 3 miles of Sandy Beach. two & three bedroomed apartments available.

**Strand Road, Tramore**

**Tel: +353 (0) 51 391391**

**[www.beachsideapartment.com](http://www.beachsideapartment.com)**

For the  
**Events  
Guide**  
see  
**[discovertramore.ie](http://discovertramore.ie)**

# RESTAURANTS & NIGHTLIFE

FROM QUIET TRADITIONAL PUBS  
TO NIGHTCLUBS,  
ALL TASTES AND REQUIREMENTS  
ARE CATERED FOR IN TRAMORE.

A healthy mix of the new and old ensures that a night on the town will be memorable. From weekly live music to the latest dance and chart music, there is a vibrant night life. Eating out in Tramore is an experience not to be missed. From having fish and chips on the Promenade in the evening, to the traditional menu available in many restaurants and pubs; to the more mature and exotic dining experience, the many fine establishments in the town centre can cater for your needs. Visitors in Tramore will be spoilt for choice when dining out.

Photo by Tony Quilty

Discover Tramore

# RESTAURANTS & NIGHTLIFE

## Restaurants



### Vee Bistro

The Vee Bistro is nestled right in the centre of Tramore town and is open 7 days a week serving breakfast, lunch and dinner. Our dinner menu is served from 5pm nightly, and reservations are recommended. Children are welcome. We have live acoustic music every Saturday night.

**Derek & Catherine O'Sullivan**  
1, Lower Main Street, Tramore  
Tel: +353 (0) 51 386144



### Seahorse Tavern

Tramore's first and only gastro pub where gorgeous food is served in a stylish bar environment 7 days a week from 9.30am to 9pm. Live acoustic bands play in this intimate setting on weekend evenings. A visit is essential if you appreciate good food and good music.

**3 Strand St., Tramore**  
Tel: +353 (0) 51 386091  
[www.seahorsetavern.ie](http://www.seahorsetavern.ie)



### Robinson's Bar (Sadie's)

One of the longest established family run pubs in the town, Sadie's has been serving the people of Tramore and beyond since 1926. A traditional pub, where you can enjoy the relaxing surroundings, with friends and family. A great talking pub, with an excellent pint.

**Seamus, Sally & Cathal O'Hehir**  
Summer Hill, Tramore  
Tel: +353 (0) 51 381326  
[www.vfi.ie/pub/4109-Robinsons-Bar](http://www.vfi.ie/pub/4109-Robinsons-Bar)  
Open: Mon-Thurs 10.30am-11.30pm,  
Fri-Sat 10.30am-12.30am, Sun 12.30pm-11pm.



### The Esquire Bar and Restaurant

The Esquire on Little Market Street, Tramore offers tasty specialities every day of the week, all year around. The Esquire has been delighting lovers of good for more than a quarter of the century. The Esquire is supremely elegant, rich and warm - a jewel among restaurants in the South East.

**Paul Horan**  
Little Market St., Tramore  
Tel: +353 (0) 51 381324  
[www.esquire.ie](http://www.esquire.ie)  
Open: 7 Days. 12-7pm



### The Victoria House (The Vic)

"THE VIC" still maintains its old world charm, reflected in its stonewalls and maritime features. Transformed in the late nineteen eighties, the pub is now spread over three floors and a large beer garden overlooking Tramore bay.

**Derek & Elaine Barry**  
Queen Street, Tramore  
Tel: +353 (0) 51 390338  
[www.thevic.ie](http://www.thevic.ie)



### Misty's Restaurant

This family-run restaurant has been satisfying customers with its excellent food and customer service provided by Sally and Ray and their attentive, friendly, yet focused staff for almost 30 years. Open seven days a week from 11am to 9.30pm, Misty's is ideally placed on the main strip, adjacent to Splashworld leisure complex and less than one minute's walk to the beach and promenade.

**Sally Herterich**  
Strand Road, Tramore  
Tel: +353 (0) 51 391492



### **Powers Pub**

Small traditional pub, a rare establishment in Ireland, full of charm and history.

**Queen Street, Tramore**



### **St. Leger Bar**

Family owned and run pub, renowned for its friendly service, large beer garden, and weekly music.

**11 Main St., Tramore**



### **Coney Island Pizza**

Popular restaurant and take away located only a short walking distance from the beach and the center of town.

**Turkey Road, Tramore**

**Tel: +353 (0) 51 391111**



### **Lido Pizza**

Located beside the beach in a nice relaxing and enjoyable area where you can eat a pizza in the late afternoon watching the sun go down over the horizon. We offer an extensive menu and free delivery.

### **Fabio Di Fabio**

**The Pavilion, Promenade Rd., Tramore**

**Tel: +353 (0) 51 393383**

## **Cafes**



### **Gallweys Chocolate Cafe**

Treat yourself with a visit to Gallweys Chocolate Cafe, where you can choose from a selection of award winning handmade chocolates, boutique roasted coffee, tea's, and homemade soups/sandwiches/wraps & panini's.

### **Sarah Jane Deegan**

**Super Valu Car Park, Tramore**

**Tel: +353 (0) 51 334970**

**www.gallweys.ie**

## **Take-Away**



### **Tony's Takeaway & Restaurant**

Tony's is a popular family run Fish, Chip and Pizza place in Tramore. All food is freshly prepared using the highest quality of Irish foods.

**Main Street, Tramore**

**Tel: +353 (0) 51 338700**



### **McCarthy's Chipper**

One of Tramore's finest take-aways, located on the Promenade in Tramore offering Fish and Chips, Meal Deals with toys for the kids and much more.

### **Billy & Yvonne McCarthy**

**The Prom, Tramore**

**Tel: +353 (0) 51 381447**

**Mobile: +353 (0) 86 2628081**

# THINGS TO DO

WHATEVER YOUR HOBBIES, FROM **CATCHING A WAVE** TO STROLLING AROUND THE **SHOPS**, THIS **BEACH RESORT** CAN CATER FOR YOUR NEEDS.

For the thrill-seeker in you Tramore becomes T-Bay; a surf hot-spot complete with a surf centre offering changing rooms and hot showers. For those who prefer a more relaxed holiday, why not sample the area's shopping and café atmosphere? For some family fun, visit the local arcades, Tramore has both outdoor and indoor amusements; perfect for a family day out by the beach.



Photo by Gavin Downey

Discover Tramore

## Indoor



### Splashworld

Fun! Fun! Fun! For the young and the young at heart. Great entertainment for all the family at Splashworld - the South East's biggest, brightest and best Indoor Waterpark! Hours of fun in a safe environment with something to offer all age groups. From water slides and a bubble pool, to a river ride and a wave machine - fun is guaranteed for all.

**Railway Square, Tramore**

**Tel: +353 (0) 51 390176 / 386001**

**[www.splashworld.ie](http://www.splashworld.ie)**



### Run Amuck

The indoor centre features something for all the family, with a 3 level Main Play Frame for 5 to 12 year olds, a Toddler Area for 3 to 5 Year Olds and a Baby Area. Parents can relax and unwind in „Mucky Angels Cafe“ which serves hot and cold food and of course coffee!

**Unit 7, Riverstown Industrial Estate, Tramore**

**Tel: +353 (0) 51 390551**

**[www.runamuck.ie](http://www.runamuck.ie)**



### The Pottery Place

Painting Pottery is fun for all ages and you don't need to be an artist. The Pottery Place is THE place for a family outing.

**Unit 7, Riverstown Business Park, Tramore**

**Tel: +353 (0) 51 390551/338282**

**[www.potterypainting.ie](http://www.potterypainting.ie)**



### Laser Blast

Laser Blast is a live laser-gun combat pursuit set in a futuristic battle zone setting. The game in many ways, mirrors the popular hobby of paint-balling. However instead of getting hit by pellets, you fire lasers at your opponents.

**Unit 7, Riverstown Industrial Estate, Tramore**

**Tel: +353 (0) 51 338282**

**[www.laserblast.ie](http://www.laserblast.ie)**



### Pirate's Adventure

Welcome to Pirate's Adventure, the newest and coolest visitor attraction in the South East. Pirate's Adventure is a purpose built indoor family entertainment centre, offering a wide variety of leisure activities all built around a pirate theme! So whatever the weather, the whole family can enjoy a fun and exciting day out.

**David and Christie Murray**

**Units 1-4 Bayside, Riverstown Business Park, Tramore**

**Tel: +353 (0) 51 393 651**

**Mobile: +353 (0) 86 064 3220 / 087 677 9461**

**[www.piratesadventure.ie](http://www.piratesadventure.ie)**

**Open: Mon - Fri (Term Time) 12pm - 7pm, Sat & Sun (Weekends, Holidays) 11am - 7pm, School Holiday's Mon - Sun 11am - 7pm.**



### Carousel Amusement Arcade

Carousel Arcade is a great place to have some fun on the range of indoor arcade games available!

**Strand Road, Tramore**

**Tel: +353 (0) 393986**

# THINGS TO DO

## Outdoor



### Tramore Surf Shop

Tramore Surf Shop is Waterford's main surf shop supplying the South East of Ireland with the latest wetsuits and surfboards. Tramore Surf Shop makes its own brand of surfboard „Providence” which has in recent times become very popular with Irish Surfers.

**Bernadette & Nicky Butler**  
Unit 6, The Pavillion, Tramore  
Tel: +353 (0) 51 391011  
Mobile: +353 (0) 877563993  
[www.tramoresurfshop.com](http://www.tramoresurfshop.com)



### Tramore Amusement Park

A fifty acre wonderland situated just 6 miles from Waterford City in the South East of Ireland. It is the ideal place to go for a day trip, a midweek getaway, a weekend break with the family, or that special vacation that you will remember forever.

**The Sea Front, Tramore**  
[www.freewebs.com/irishfairground](http://www.freewebs.com/irishfairground)  
Open: June-September (inclusive)

## Golfing



### Tramore Golf Club

The view from the clubhouse is magnificent, embracing as it does practically the whole course with the lofty Comeragh Mountains in the distant background. On this site, which is gently undulating and intercepted by two streams, Capt HC Tippet of Walton Heath has laid out as magnificent an 18 hole championship course.

**Newtown Hill, Tramore**  
Tel: +353 (0) 51 386170  
[www.tramregolfclub.com](http://www.tramregolfclub.com)



### Newtown Golf Practice Range

Whether you want to improve your swing or have a good time with friends, Newtown Golf Practice Range offers a number of facilities that will suit you. Opened in 1992, the range boasts 8 astro-turf greens, 20 all-weather floodlit bays, 8 outdoor bays and a practice bunker.

**William Bolster**  
Heathfield House, Newtown  
Tel: +353 (0) 51 381322

## Shopping



### The Sandcastle Shop

The Sandcastle Shop was established in 1950 is located on Tramore Beach front. Open daily from 9am serving breakfast, paninis and toasted sandwiches.

**Pauline McCarthy Whitehouse**  
The Promenade, Tramore  
Tel: +353 (0) 51 381387



### Quish's Super Valu

Tramore's leading fresh food retailer, the store features a butchers counter, staffed by fully trained butchers, a full off-licence, a bakery where fresh cream cakes are produced by our team of bakes and the best value deals in Tramore!

Tel: +353 (0) 51 386 036  
[www.supervalu.ie](http://www.supervalu.ie)  
Open: 8am-10pm. 363 days a year.

## Shopping



### Redlane

Redlane is situated at The Cross, Tramore (bottom of Main Street) and in its short three years in Tramore, it has become regarded as the fashion Mecca of the South East, drawing that lady who is looking for something that is truly special and diverse.

#### Catherine Keighery

The Cross, Queen St., Tramore

Tel: +353 (0) 51 395395

Mobile: +353 (0) 87 9173377



### Redhaus Interiors

Bespoke interiors for both domestic and commercial clients. Full range of designer lighting, fabrics, curtains, wallpapers, furniture to order, prints, giftware, candles and mirrors. Turn key, original designs and office fit outs available. Consultations by appointment.

#### Sonya Walsh (N.C.I.D.A.)

The Cross, Queen St., Tramore

Tel: +353 (0) 51 395396

Open: Monday to Friday: 10am - 6pm



### Kaya Raya

Looking for a gift for your nearest and dearest? Kaya Raya offers a wide range of exquisite souvenirs and gift items from around the world, all at very low and reasonable prices. All items are hand made and are fair trade products, all with the environment taking precedent in production. Kaya Raya is situated right across from Tramore Beach.

Tel: +353 (0) 51 393570

Open: 10am-10pm weekends. 10am-9pm weekdays.



### Summerhill Jewellers

A combination of superb jewellery and watch brands and a spacious interior makes Summerhill Jewellers a must to visit during your stay in Tramore. Delight her with a PANDORA charm, surprise him with a HUGO BOSS watch, and with a stunning array of jewellery for the little ones, there's something for all the family to make your visit to Tramore extra special.

#### Ray O'Brien

Summerhill Centre, Summerhill, Tramore

Tel: +353 (0) 51 330100

[www.summerhilljewellers.ie](http://www.summerhilljewellers.ie)

Open: 9.30 to 5.30 Monday to Saturday

## Leisure



### Edele's Beauty Clinic

Edele's Beauty Clinic is 13 Years in Business. Locally owned and staffed by friendly, fully qualified beauticians who will try to meet your every need.

4 Main St. Tramore

Tel: +353 (0) 51 391270

Open: Tuesday & Wednesday 9.30-6, Thursday 9.30-10, Friday 9.30-6, Saturday 9.30-5.30



### Colm Morrissey Hair Studio

Colm Morrissey Hair Studio opened its doors on the 10th October 2002. It is located in the centre of Tramore town on Main Street and covers all aspects of hairdressing.

#### Colm Morrissey

Main Street, Tramore

Tel: +353 (0) 51 386062

# THINGS TO DO

## Leisure



### Bay Spa Tramore

In a world surrounded by hustle and bustle, too often we forget our bodies are not machines and desperately need attention. Bay Spa Tramore offers both full and half day packages where you can enjoy the sound of waves lapping against the shore while you indulge in your favourite treatment.

Promenade, Tramore

Tel: +353 (0) 51 338479

[www.bayspatramore.com](http://www.bayspatramore.com)

## Equestrian & Horseracing



### Tramore Racecourse

Tramore racecourse is where the turf meets the surf and it is one of the most intimate stages for racing in Ireland.

Sue Phelan

Graun Hill, Tramore

Tel: +353 (0) 51 381425

[www.tramore-racecourse.com](http://www.tramore-racecourse.com)

## Health Care



### Mulligans Pharmacy

Mulligans Pharmacy is located in the Summerhill Centre and is conveniently located beside the Summerhill Medical Centre.

Ronnan Mulligan

Summerhill Centre, Tramore

Tel: +353 (0) 51 338550

[www.mulliganschemist.com](http://www.mulliganschemist.com)



### Brennan's Pharmacy

Barry Brennan and his dedicated team of local & specialist medicinal personnel have been serving the community with their traditional customer driven service for the best part of a decade. Brennan's luxury cosmetic brands; superior prescription service; and state-of-the-art photographic services combine to offer consumers value, service and quality.

Barry Brennan

Summerhill, Tramore,

Tel: +353 (0) 51 390234

[www.brennanspharmacy.ie](http://www.brennanspharmacy.ie)



### Kennys Pharmacy

Kenny's Pharmacy is a Locally owned and staffed, friendly personal pharmacy service located in Elm Park, Tramore. All prescriptions are dispensed with a delivery service available and an emergency service should you need us when we are closed. At Kenny's pharmacy, you are guaranteed a friendly, personal pharmacy service. We are always there for you when you need us.

Tel: +353 (0) 51 330543

Mobile: +353 (0) 87 6786629

Open: Monday-Friday 8.30-6.30. Saturday 9-5



### Âme Holistic Centre

Âme – French for friend or soul-mate, offers a range of Complementary Therapies within its treatment rooms, an Holistic shop with gifts and relaxation products and a space for workshops, classes and events.

Sharon Colferr

12 Main St., Tramore

Mobile: +353 (0) 87 7926650

[www.tramore-ameholisticcentre.com](http://www.tramore-ameholisticcentre.com)

# GETTING AROUND

Tramore is conveniently located just 20 minutes from Waterford City centre. Getting to Waterford has never been easier with regular bus and train services to and from Rosslare and all other major cities. Tramore is easily reachable from Waterford City via the Bus Eireann 360 service which leaves the main bus terminal on the Quay in Waterford every 30 Minutes. Getting to Tramore has never been easier. Directions are provided below from all major locations.

Photo by Tony Quilty



## Discover Tramore

[www.discovertramore.ie](http://www.discovertramore.ie)



Tramore

### DIRECTIONS

#### **Waterford Airport**

10.0 km (about 11 mins)

#### **Dublin Airport**

186 km (about 2 hours 38 mins)

#### **Shannon Airport**

157 km (about 2 hours 33 mins)

#### **Cork Airport**

121 km (about 1 hour 56 mins)

#### **Belfast Airport**

213 mi (about 4 hours 26 mins)

#### **Rosslare Ferry Port**

87.9 km (about 1 hour 22 mins)



#### **Strand Cabs**

Located on Strand St. Tramore, Strand Cabs is Tramore's longest serving cab provider and offers a 24-hour service. Fares start from €5 within Tramore, with prices varying for other destinations. At Strand Cabs you are guaranteed an excellent and reliable service with our friendly drivers and modern cars.

Tel: +353 (0) 51 390009

Open: 24hrs



[www.discovertramore.ie](http://www.discovertramore.ie)

**facebook**

Join our Facebook Page

**Produced by Discover Tramore**

Tel: 051-347346

Email: [info@discovertramore.ie](mailto:info@discovertramore.ie)

Web: [www.discovertramore.ie](http://www.discovertramore.ie)

Designed by **Alpha Design** ([www.alphadesign.ie](http://www.alphadesign.ie))

Photos by

**Gavin Downey** (including cover photo)

[www.gavindowney.com](http://www.gavindowney.com)

and

**Tony Quilty**

[www.irelandinanimage.com](http://www.irelandinanimage.com)



Your First Choice For Enjoying Tramore!